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DANE COUNTY DIVISION OF PUBLIC HEALTH

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## **Surviving The Pandemic - Sustaining Families through a Pandemic**

### **Resource List:**

#### **Information to help individuals and families plan**

- [www.pandemicflu.gov](http://www.pandemicflu.gov) : Family guides, checklists and information sheets.
- [www.dhfs.wisconsin.gov/preparedness](http://www.dhfs.wisconsin.gov/preparedness): Emergency plans and checklists.

#### **Dane County resources**

- Joining Forces for Families: [http://www.danecountyhumanservices.org/cyf\\_jff.htm](http://www.danecountyhumanservices.org/cyf_jff.htm) Encourages cooperation between agencies in caring for families. Helps families with basic needs-food, clothing, housing, employment. Links families to resources.
- City of Madison Neighborhoods: <http://cityofmadison.com/neighborhoods/index.htm> Neighborhood associations, business associations, community centers, Neighborhood Resource Teams.
- City of Madison Planning Councils: <http://eastisthmus.org/> (East Isthmus Neighborhoods Planning Council)  
<http://www.madison.com/communities/smpc/> (South Metropolitan Planning Council)  
<http://www.northsideplanningcouncil.org/about.php> (Northside Planning Council)  
Members are community leaders working to do community organizing, information sharing, issue advocacy and promotion of community development initiatives.
- Time Bank: <http://danecountytimebank.org/> Time exchange system/barter for services.
- DCiMap: <http://dcimap.co.dane.wi.us/dcimap/index.htm> Dane County's GIS with basic parcel information. Expanded information will be added soon - US Census data, community resources.

#### **Statewide resources**

- Wisconsin Department of Commerce: County and Local Economic Development Organizations:  
<http://www.commerce.state.wi.us/BD/BD-CountyLEDO.html> Links to statewide communities' resource information.
- Flu shot information: <http://dhfs.wisconsin.gov/localhealth/index.htm> Link to local health departments in Wisconsin.
- US Census data: [http://factfinder.census.gov/home/saff/main.html?\\_lang=en](http://factfinder.census.gov/home/saff/main.html?_lang=en) Links to local community statistics.
- United Way 2-1-1: Community resource line, providing 24-hour, 365-day a year, free and confidential information and referral services. Dial 211.

## **Steps of Community Pandemic Planning**

### **Step 1:** Know your purpose & define/redefine your community

- Plan for social distancing
- Plan a system of community mobilization for resources to reach all residents
- There are many ways to identify a “community”
  - Neighborhood association
  - Children’s school
  - Rotary Club

### **Step 2:** Work with community leaders and groups to identify who is in your community & who is most vulnerable. Be inclusive and identify gaps in what is known. The most vulnerable include:

- Elderly
- Housebound
- Live alone
- Latchkey kids
- Speak other languages
- Pockets of poverty
- Without transportation

### **Step 3:** Collectively plan for:

- Communication
  - How is information going to be shared with each other and the greater community – newsletter, phone trees, post in house windows?
- Food & water
  - Who will be able to access food and water?
  - Businesses (retail) play an important role
  - Where will it be stored; where will a staging area be set up?
  - How will food and water be accessed by all residents?
- Health care & medications
  - How will residents get their medications?
  - Make sure a pharmacy is involved in planning
- Errands
  - Immunized residents run errands
  - Consolidate many errands together
- Calming network
  - Involve:
    - the faith community
    - local mental health service providers and organizations
    - Residents will need coping and stress reduction support
- Education & employment
  - Schools and workplaces have to be part of the process
  - Many are developing plans of their own
  - Many have employees that don’t live nearby
    - If they can’t get to work, what will the back-up plan be?

### **Step 4:** Maintain the process

- Neighborhoods & workplaces change, staff turn-over happens
- Incorporate new changes into plan; involve new residents & individuals into the planning process
- Create a system to keep the planning process ongoing – quarterly or biannual updates